

Free Continuing Education Units – CME or CEU

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Because travel can be difficult from Humboldt and continuing education budgets have been decimated with the economy, the following is a list of websites that provide access to free continuing education credits.

- www.medscape.com. Topics in all areas of medicine and nursing are available. Equipped with an on-line tracker, the completed medscape topics are automatically recorded, but you can record CME/CEUs from other sites and keep your totals all in one spot. This makes it easy to track your total CE/CME units for your license.
- www.mycme.com & www.clinicaladvisor.com use the same log-ins.
- www.arhp.org. The Association of Reproductive Health Professionals
- www.apctoday.com.
- www.contemporaryobgyn.net.
- www.obgmanagement.com.

For RNs only:

- <http://ce.nurse.com>.
- www.nccwebsite.org. This is the National Certification Corporation to board-certify Women's Health NPs. Their CE modules are not free but are reasonable and any RN can use them.
- www.retailclinician.com and the companion site www.4healtheducation.com use the same logins.
- <http://www.marchofdimes.com/nursing/>. March of Dimes has some free and some fee-based continuing education modules for RNs. Send for their catalog or look online.

Registered nurses, in the State of California, are required to complete thirty hours of continuing education every two years (in addition to paying the renewal fee), to maintain an active license. Continuing education courses must have been completed during the preceding renewal period. Courses must be taken through a continuing education provider recognized by the Board of Registered Nursing (BRN). The California BRN allows RNs to use any CE/CME that is one hour in length. If using CMEs, it must be AMA PRA Category 1 type credit. For more information about the BRN's requirements visit:

<http://www.rn.ca.gov/licensees/ce-renewal.shtml#acceptable>