

North Coast Area Health Education Support Local Youth Education Program



Thank you for supporting Spare Change peer education program of Six Rivers Planned Parenthood. We believe in education youth through truth, by telling young people about the responsibilities and realities of their developing sexuality. Your donation helps our program continue to provide education in the local middle and high schools as well as in our community. Members of the program this year include 17 high school students from the Northern Humboldt area. They have already volunteered over 3,300 hours in the classroom and the community.

Cecily Olsen in her second year as a Spare Change member says of the information we teach, "Our peers need this education. As I said earlier there have been several teen pregnancies in the past three years just that I have seen. I truly believe that spare change helps people. I have learned so much from it, and I know that others do too because they tell me they do. We save peoples lives, in my opinion that's the only reason anyone should need as to why spare change should continue." This program is able to help young people make more responsible decisions.

Spare Change reaches out to help the community but first we must help ourselves and this program helps members develop skills, build healthy relationships and fosters their self esteem. Thalia Ziegler says of her experience, "Being in Spare Change has really helped me open up to people and has taught me to not be afraid to speak my mind. I have learned so much from the other members and I'm really glad I took this amazing opportunity."



As a program we are able to have an impact on many people as Brennan Burke-Martin describes “Spare Change is a program that gives to everyone involved. I benefit because of the knowledge, friends, limelight, and family that become mine, but that isn't where it stops. Each student that is saved or touched in some way by a skit is grateful. Each parent that can rest a little easier is grateful for us. Each school faculty member that learns something new is grateful. Seeing the effect that something so small can accomplish is what has changed my life and I know that I am a better person for all this program has given me, which is too much to put into words.” Thank you for supporting us!



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